



Protect your heart; Get your flu shot

Operation Immunization & Power To End Stroke Collaboration

Background

As future pharmacists, we have the opportunity to immunize patients and help protect them from many diseases. There have been recently published articles highlighting the importance of receiving an annual flu vaccine in patients with heart failure.

It is important for pharmacist to spread this information to the patients. Just as we talk to patients about their immunizations at the time we are giving a shot, we can also engage and educate our fellow students and community members about vaccines. To conclude **14 Days of Heart Health**, The '**Protect your heart; Get your flu shot**' challenge promotes vital information student pharmacists can post on social media to make the public aware.

Instructions

It only takes 3 simple steps!

1. **Pick 3 educational points/facts about a the flu vaccine and/or heart disease** that your SNPhA Chapter feels it is important to share with the patients in your community.
2. **Make a flyer about the information!** Recruit fellow students and SNPhA members to post and assist with the flyer making! Don't forget to include your 3 educational points you selected above!
3. **Have your school & members your flyer on February 14th, 2019**
4. **All flyer submissions in by February 28th, 2019 at 11:59 EST** that meet all competition requirements will result in 150 CIC points awarded to the respective chapter for a MAX of 3 flyer submissions, resulting in a maximum of 450 points per chapter.
 1. For CIC Submission it MUST be sent to Selena Warminski (Operation Immunization Chair)

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