Patient Counseling Practice Case #2

Review of Case:

Students will have 5 minutes to review a patient’s medication profile. Students will be allowed to utilize provided resources to prepare for the patient counseling session.

Patient Counseling Session:

Participants will have approximately 5 minutes to conduct a patient counseling session on the patient’s prescribed medications. This patient-pharmacist interaction will be the only section evaluated by judges.

Patient Background

A 34-year-old patient comes to your Kroger pharmacy counsel window with a few questions about prescriptions picked up a couple days ago. You look up the profile and see the prescriptions were written for Vicodin HP & Ativan. The patient received both medications for the first time and does not remember what the pharmacist said about the medications. (Maybe rephrase: This was the first time that the patient received either of these two medications and he does not remember what the pharmacist said about them. The patient believes the Vicodin HP is for anxiety because he states when this medicine is taken it “calms me down.” The patient has suffered from anxiety problems ever since his surgery last week. The patient has heard of Vicodin, but does not know the difference in dosage between Vicodin HP and Vicodin. The patient would also like to purchase over-the-counter Tylenol to help with pain since “the Ativan is not working.” The patient would like to know the names of the generic medications because “I only buy brand and this might be generic!” Lastly the patient’s doctor said I could get the “TdaP and DTaP vaccine here for my 4-year-old son and I”. Which one is for the patient and which one is for the 4-year-old child?